

Mo.	Di.	Mi.	Do.	Fr.
11:00- 11:30 Pilates	11:00- 11:30 e-Crossfitness Zirkel		11:00- 11:30 Rückenschule	10:30- 11:00 Nordic Walking
17:30- 18:00 BMW ¹		17:30- 18:00 BMW		17:30- 18:00 BMW
	18:45- 19:30 Zumba ¹	18:15- 19:00 Pilates	19:15- 20:00 Fitboxen	18:00- 18:45 e-Inliner ²
19:00- 19:45 e-Crossfitness	19:30- 20:15 T-Bo	19:00- 19:45 e-Crossfitness	20:00- 20:45 BBP	

KURSPLAN

Sa.	So.
	13:00- 13:45 BBP

